



The Beckstrand Art Therapy Program presents
Cancer and Creativity

with Esther Dreifuss-Kattan, PhD, ATR and Alyssa Wiesel, MFTI, AT

Program begins October 28

Tuesday, November 4, 11, 18, 25; December 2, 9, 16 | 4:30 pm - 6:30 pm

No Artistic Expertise Required. For Young Adults 18 - 29.

This **FREE** program is open to cancer patients currently in treatment and all cancer survivors ages 18 - 29.

PREMIERE ONCOLOGY FOUNDATION, 2020 SANTA MONICA BLVD. SUITE 600, SANTA MONICA



"Power Flower" by Michelle Leddel.
Hand colored paper collage, gold leaf

The Premiere Oncology Foundation, partnering with the Beckstrand Art Therapy program, present this exciting workshop. Cancer and Creativity introduces cancer patients and cancer survivors to varied art materials and creative art techniques used to help **create hope**, express uncertainties, and elaborate on issues of illness and life changes. Multiple methods of artistic expression will be explored, including using collage papers and fabrics, acrylic paints, water colors, oils and drawing materials, and three dimensional materials such as clay and wood will be explored. Throughout the process participants will be encouraged to use art to **express feelings, gain insight, search for new goals**, and explore family dynamics and other pertinent themes. No ability or previous experience is necessary, only the willingness to use artistic expression as a route to discovery and healing.

Constructive feedback and group discussion about the artwork will follow the art making and foster insight and friendship

ESTHER DREIFUSS-KATTAN, PHD, ATR, is an art therapist, psychoanalyst and psychooncologist who has worked extensively with cancer patients/survivors, is in private practice in Beverly Hills and is the author of "Cancer Stories: Creativity and Self repair". www.dreifusskattan.com

ALYSSA WIESEL, MFTI, AT holds an M.A. in both Marital and Family Therapy and Art Therapy. Alyssa has experience conducting art therapy sessions with individuals with cancer, their siblings, and parents.

This program is offered **free** of charge. However, the Premiere Oncology Foundation does not cover parking costs. Attendees may use the 2020 Santa Monica Boulevard building parking lot or metered parking on Broadway, one block south of the Santa Monica Boulevard.

**SPACE IS LIMITED – PLEASE RSVP TO ROBBIE GLUCKSON AT 310 570-1474
or via email at rgluckson@premiereoncology.org**

For more information visit www.beckstrand.org or www.premiereoncology.com